News From our Principal

The term is flying past and the students have been working hard at reading and writing this term with some excellent results. During book week we discussed many authors and read many stories written by them. We wrote about our favourite author and even published our stories. These author reviews can be viewed in the classroom. This Friday, 5th September the students will be travelling to Rappville PS to participate in a variety of Creative Arts activities. These include Aboriginal art, dance, marimbas and choir. Sarah and I will be accompanying the students to Rappville PS. All students have been enjoying learning the Fundamental Movement skills of the “Static balance”, “Hop” and the “Vertical jump” this term. We have been playing Oz tag for sport, which has allowed us to practise our throwing, catching and running skills from last term, as well as learning the rules of a new sport. It has been lovely to see some great sportsman like positive comments from our students. Well done.
Kerry Flick
Relieving Principal

Exercise for All

Exercise and food go together; both are needed for healthy development. Just as we need good food to build a healthy body we need exercise for our bodies to develop and reach their full potential. Walking, swimming and cycling are great forms of exercise. Parents can support a healthy attitude by joining in exercise times such as walking the dog, walking to school, walking to do the shopping, cycling or playing in the backyard or park. Combine a bush walk or swim with a family picnic. It’s a lovely family time together, as well as a chance to talk about your child’s thoughts and feelings!

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